# A Model to Reduce Maternal and Fetal Mortality in 10 Hospitals in Kano and Kaduna State, Nigeria



# Continously Conducted Quality Assurance in Obstetrics

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#### 1. Background

- Millenium Development Goal 4:
   Reduce infant mortality 75% by 2015
- Millenium Development Goal 5:
   Reduce maternal mortality 75% by 2015

1. Background: Maternal, Newborn and Child death in Nigeria (USAID, ACCESS 2007)

<ul> <li>Mothers</li> <li>Maternal mortality ratio per 100 000 live births</li> <li>Annual number of maternal deaths</li> </ul>	800 42 600
Babies	
<ul> <li>Stillbirth rate per 1000 total birth</li> </ul>	30
<ul> <li>Annual number of stillbirth</li> </ul>	163 400
<ul> <li>Neonatal mortality rate per 1000 live births</li> </ul>	48
<ul> <li>Annual number of neonatal deaths</li> </ul>	255 500
Children	
<ul> <li>Under 5 mortality rate per 1000 live births</li> </ul>	197
<ul> <li>Neonatal mortality as % of under 5 Mortality</li> </ul>	24



#### **How to reduce Maternal and Fetal Mortality**



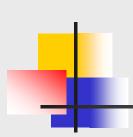
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The only way to achive this goal:

Quality assurance in obstetrical service

Main focus:



#### A Model to Reduce Maternal and Fetal Mortality by Quality Assurance 2. Principles of Quality assurance

- Quality of structure
- Quality of process
- Quality of outcome



2. Principles of Quality assurance

#### Quality goals in obstetrical service





Hospital building, equipment, number of staff, service level

**Quality of process** 



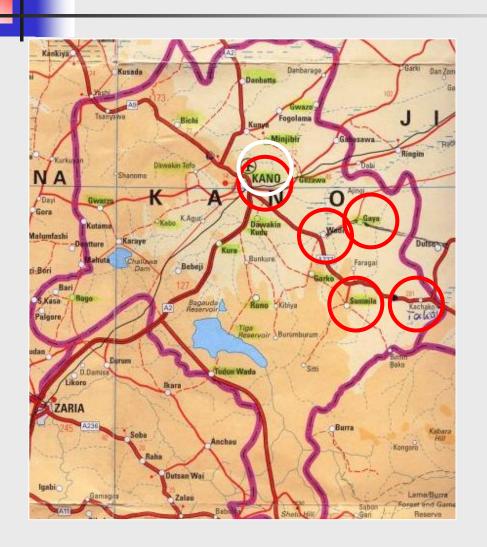
personnel and professional performance

Trained and experienced

**Quality of outcome** 

Maternal and fetal morbidity and mortality

#### 3. Selection of Hospitals in Kano and Kaduna State



General Hospital, Bichi

General Hospital, Danbatta

Cottage Hospital, Dawakin-Tofa

General Hospital Gaya

Cottage Hospital, Kabo

General Hospital, Kura

Murtala Mohammed Spec. Hospital, Kano

General Hospital, Rano

Cottage Hospital, Tudun Wada

General Hospital, Wudil

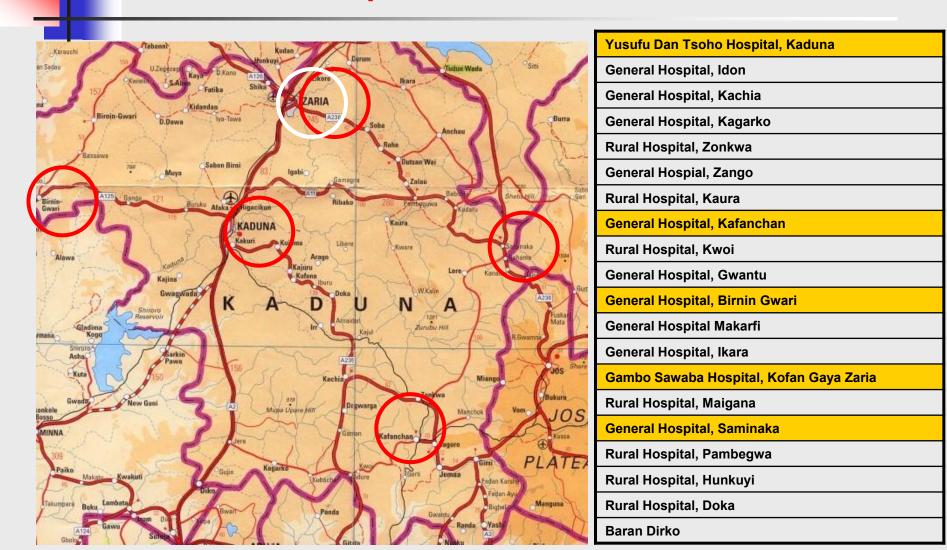
Takai Community Health Care Centre

General Hospital, Tudun Wada

General Hospital Takai

General Hospital Sumaila

#### 3. Selection of Hospitals in Kano and Kaduna State





# A Model to Reduce Maternal and Fetal Mortality by Quality Assurance 4. Principles of quality assurance

#### 4.1. Quality of Structure

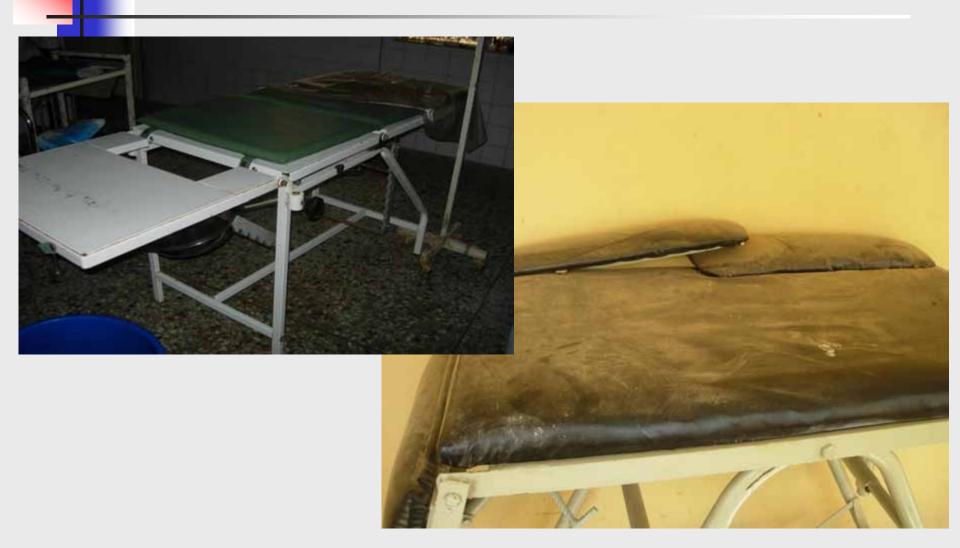
- Condition of the delivery room
- Number of delivery beds
- Resuscitation unit for newborns
- Infusion systems
- Provision of caesarean section (distance)
- Operating theatre



4.1. Quality of Structure:

Some examples of Facility Audit

4.1. Quality of Structure: Some examples



#### 4.1. Quality of Structure: Some examples of facility audit

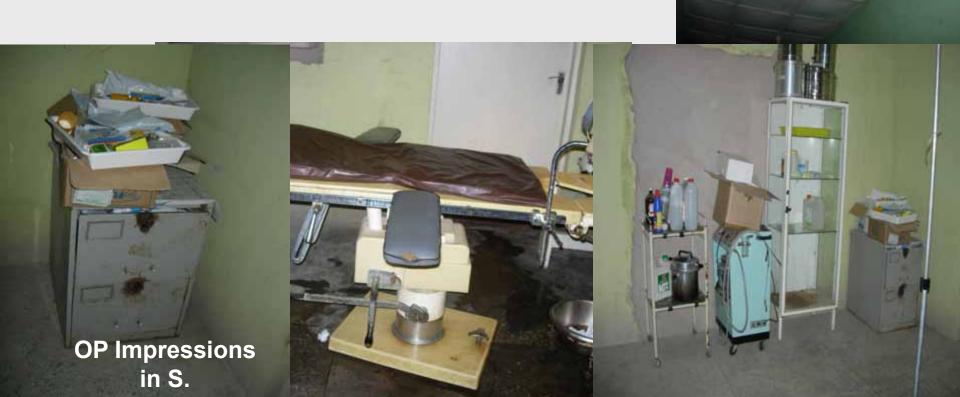




4.1. Quality of Structure: Some examples of facility audit



4.1. Quality of Structure:
Some examples of facility audit



4.1. Quality of Structure: Some examples of facility audit







- Improvement of Structure of Hospitals by Donations of Rotary International:
  - 3 Ultrasound machines and training
  - 10 Vacuumextractors
  - 3 Operating tables
  - 10 Delivery beds
  - 10 Maternity record books
  - Instruments for operating theatre
  - Instruments for delivery rooms
  - Mosquito nets for malaria prevention

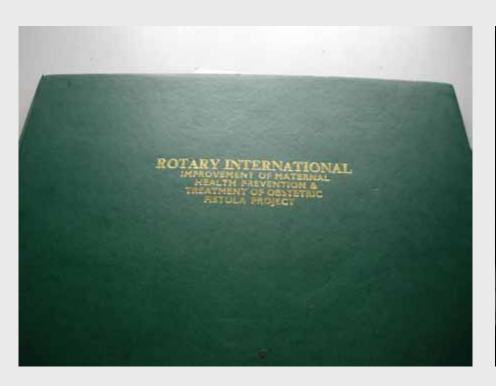


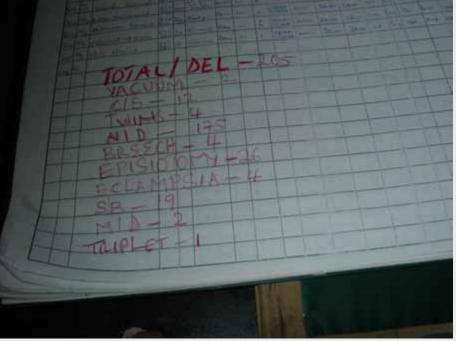
#### 4. Principles of quality assurance

#### 4.2. Quality of Process

- Antenatal care and diagnostic measures
- Management of delivery
  - Data recording
  - FHR observation
  - Premature rupture of membrance
  - Mode of delivery: VE, Forceps, CS
  - Post date pregnancy
  - Duration of labor
  - Counselling after delivery







4.2. Principles of quality assurance:

Quality of process – Maternity record book







# 4.3. Principles of quality assurance Outcome quality

State of the Mother at delivery Severe illness

Death

State of the Newborn at birth
Apgar score
Alive
Death

#### 4.3. Principles of quality assurance by benchmarking

Monthly report from each participating hospital about the following data:

#### **Number of**

deliveries (total)
premature birth (weight < 2500g)
instrumentel deliveries: Forceps, VE
caesarean sections
severe haemorhage during and after delivery
women with eclampsia

maternal death fetal death

Monthly Maternity statistics Rotary Intl. Project "Improvement of maternity Health"															h"	
Hospital: Kano State					2 <sup>nd</sup> Quarter Year: June, 2008											
Hospital	Iospital AN ANC abortion C					Deliveries				M.M	Fetal outcome		Eklamps ia		retained Placenta	V V F
	new	Follo w up	MV A	D/ C	Total No. of delive ries	No. of Twi n deli v.	No. of breec h deliv	No. of vacu deli v.	C/ S	No. of mater nal death	ali ve	Dead	fits	N o fit s	PPH	r
22	369	151	11	0	132	2	0	0	4	3	126	11	8	2	14	0
23	770	1275	13	1	160	4	1	0	10	3	137	9	4	0	3	0
24	286	241	5	3	44	1	0	0	3	3	33	10	3	1	9	0
25	357	386	10	0	41	0	2	0	8	2	29	12	19	9	5	2
26	773	1682	0	6	162	0	0	0	6	3	159	18	10	0	17	0

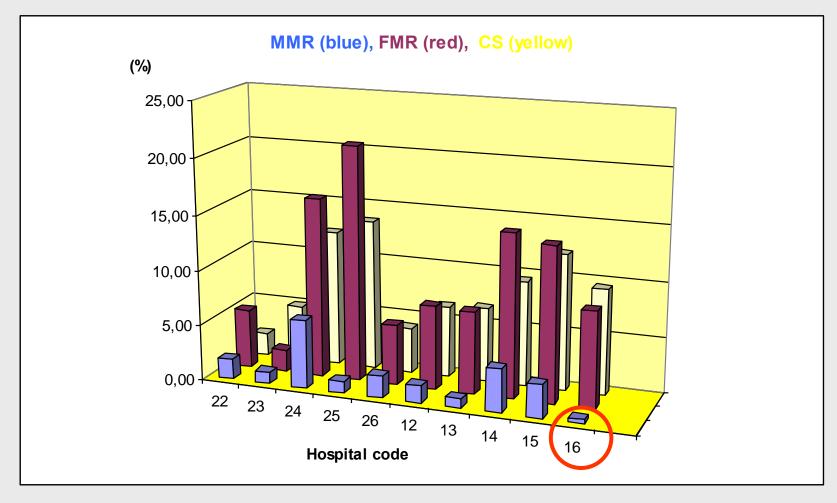


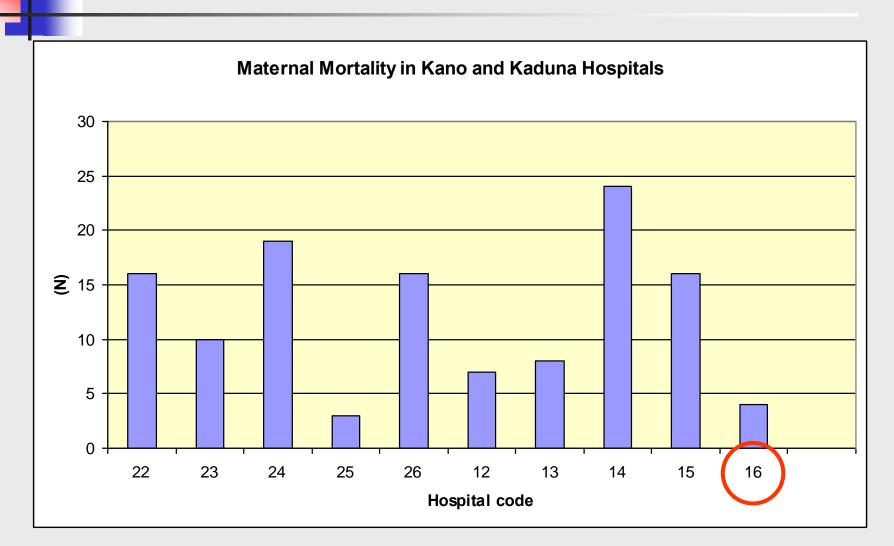


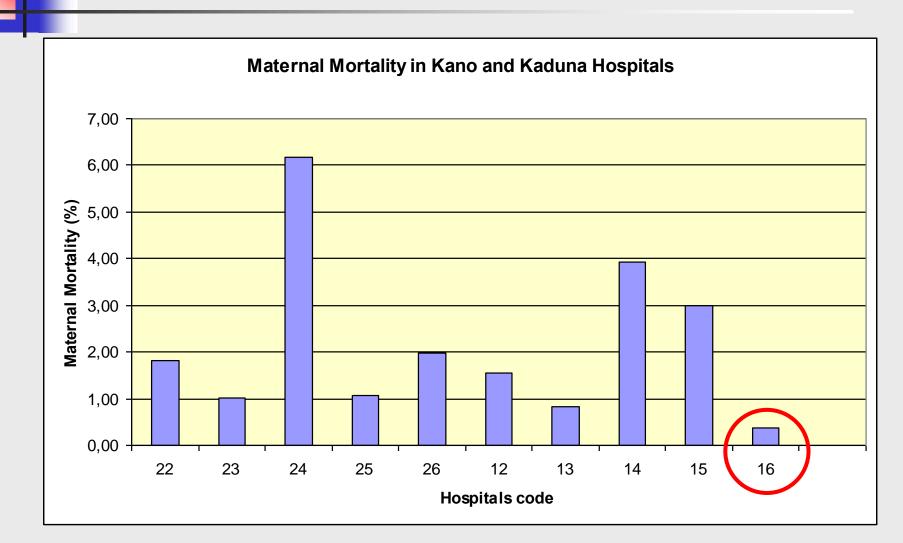


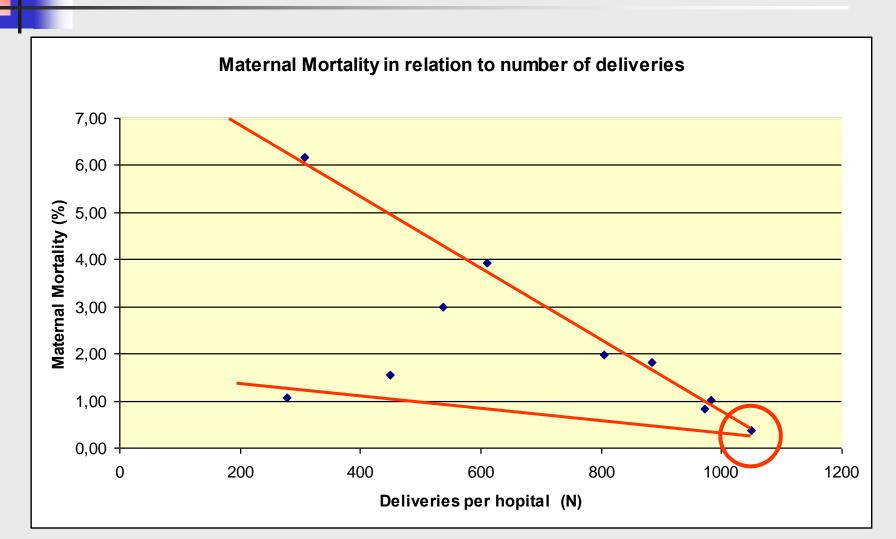
- Maternal Mortality
- Fetal Mortality
- Caesarean section rate

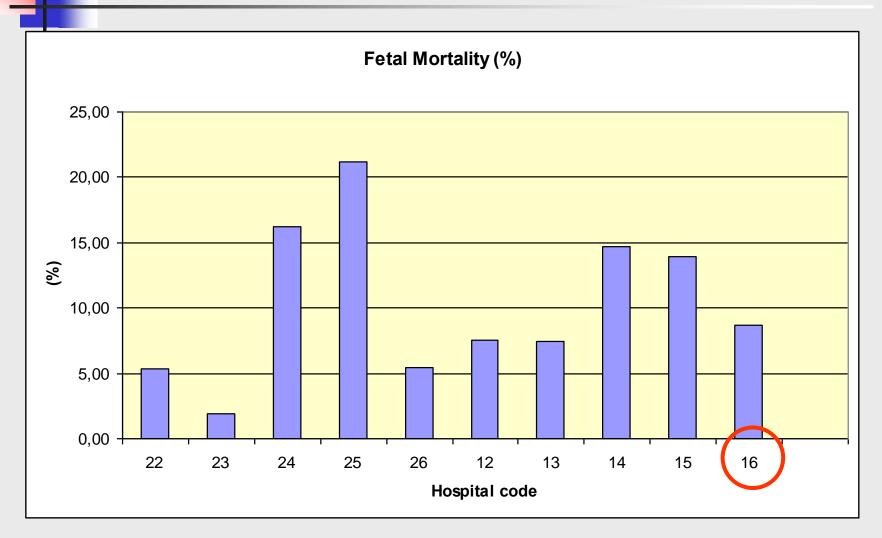


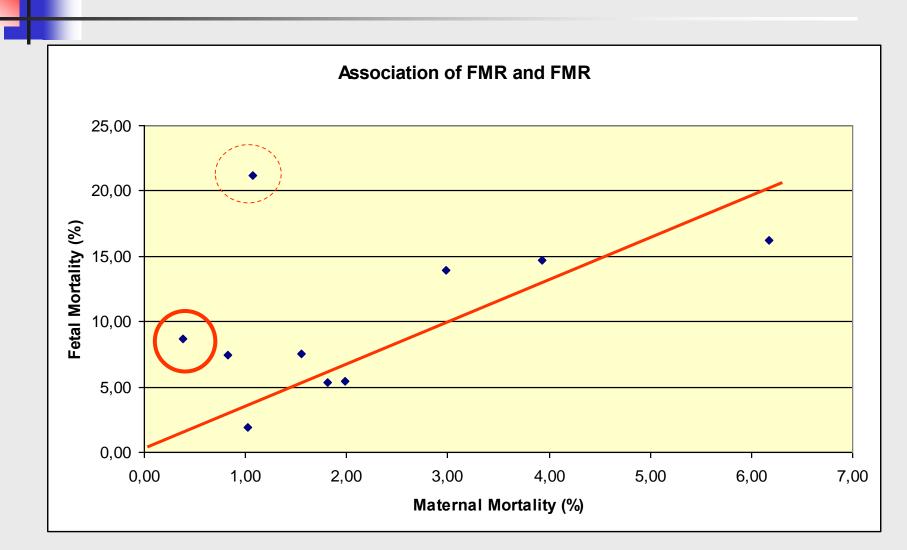


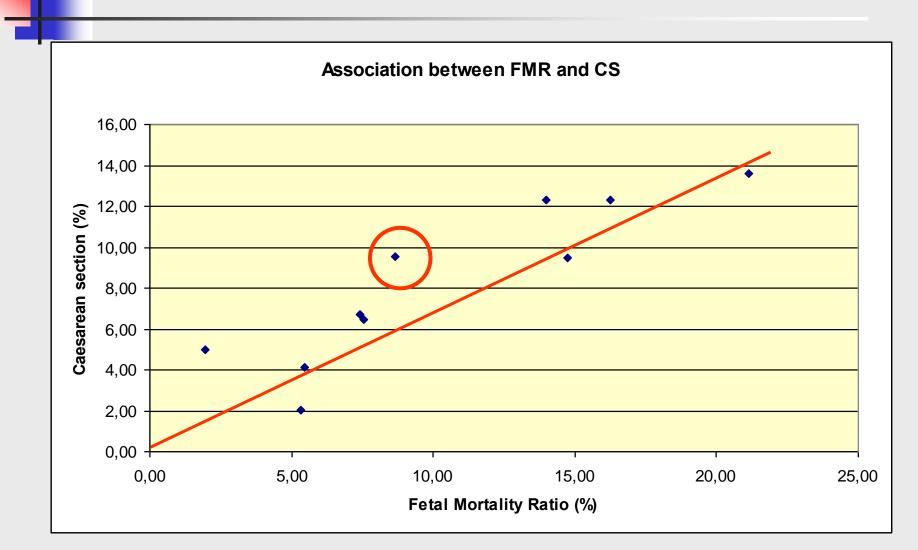


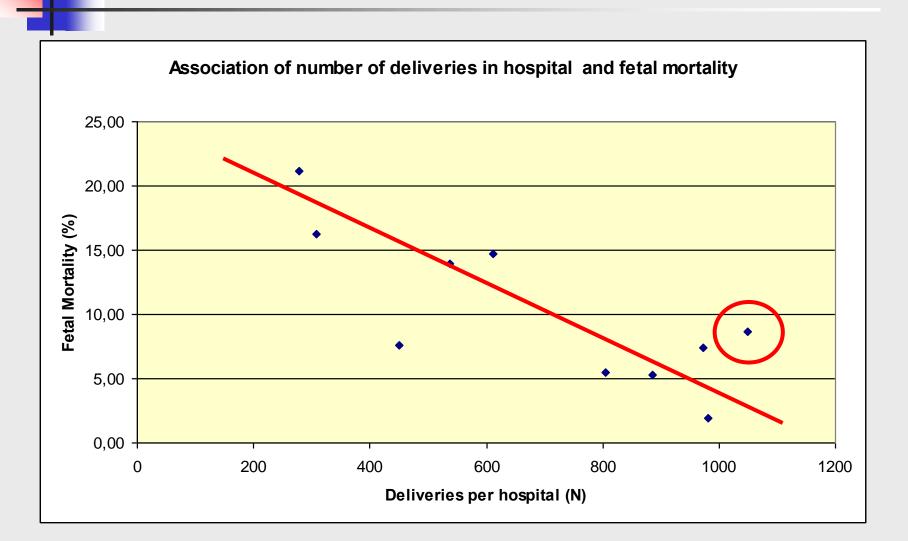


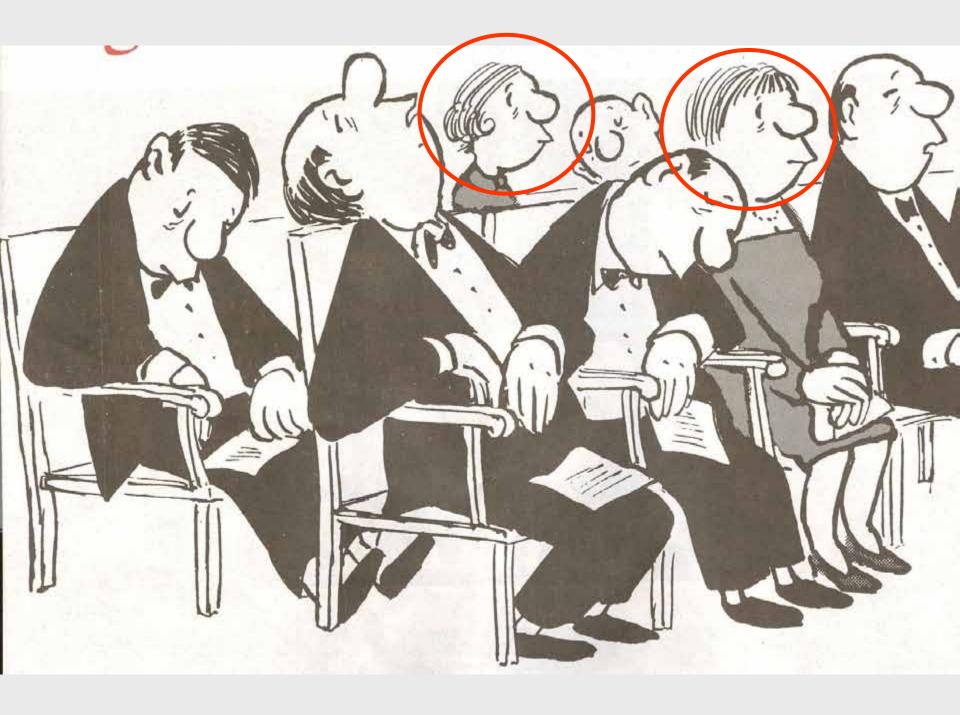








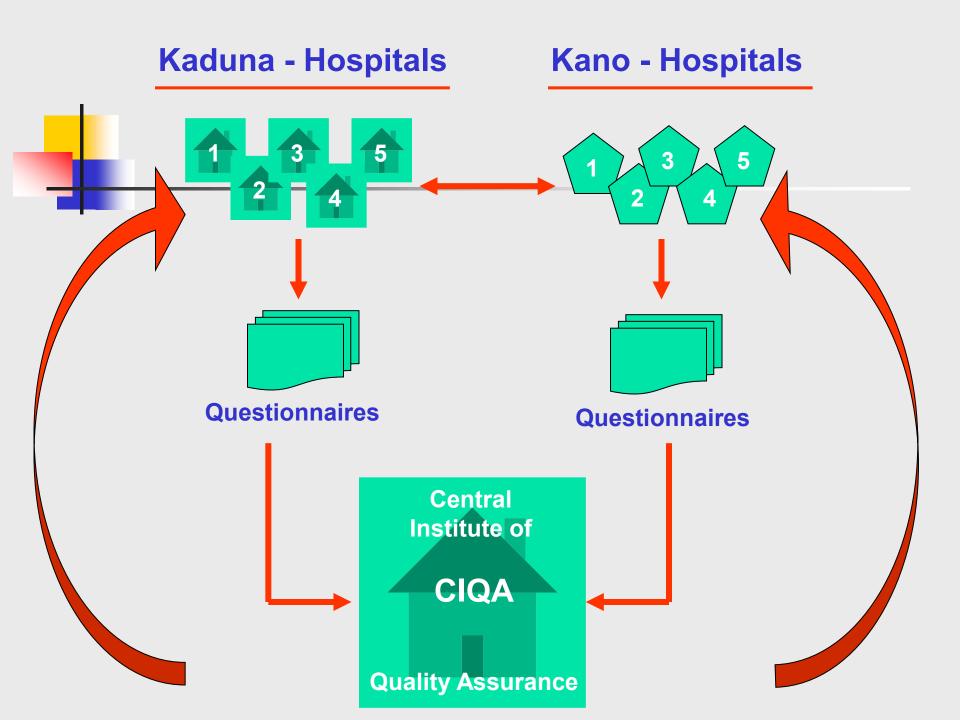






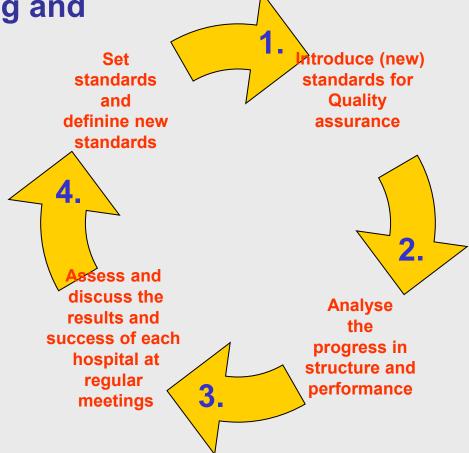
- 4.3. Principles of quality assurance Quality of outcome by benchmarking
- Foundation of an Institute of Quality Assurance

- Continous collection of quality indicators
- Regular half-yearly meetings to exchange data and information
- Set standards and improve standards



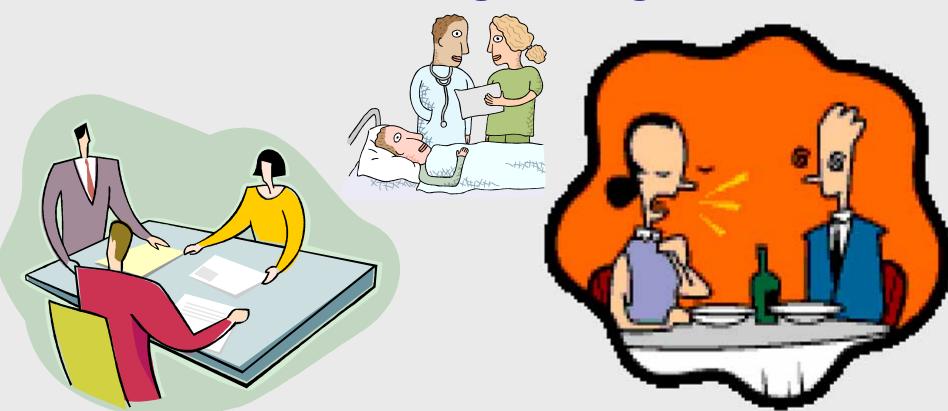
4.3. Principles of quality assurance – Quality of outcome by benchmarking -

Data processing and evaluation





# Discussions and further planning among colleagues





A
journey
of a
thousand miles
must begin
with a
single step.

Lao-Tzu (604-531 BC), Chinese philosopher





